



2025 YEAR IN REVIEW:

One of Change, Growth, and Doing Even More

A LETTER FROM PAT

As I reflect on 2025, I am filled with gratitude for the people, communities, volunteers, students, partners, and donors who continue to make the work of Focusing Initiatives International possible.

This year was one of both growth and transition.

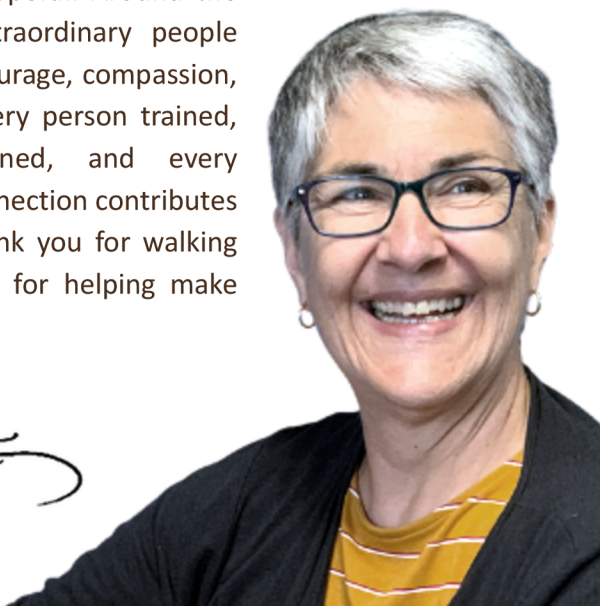
For more than a decade, FII has worked to bring together Psychological First Aid, Psychosocial Support, and Focusing in ways that strengthen the wellbeing of individuals, families, and communities. In 2025, that vision continued to expand as participants from multiple continents joined our trainings, webinars, and community initiatives. Together, we created learning spaces where people could deepen their capacity to listen, support others, and respond to distress with greater compassion and skill.

As we look ahead, I remain hopeful. Around the world, I continue to see extraordinary people responding to suffering with courage, compassion, and a willingness to listen. Every person trained, every community strengthened, and every moment of genuine human connection contributes to a more resilient world. Thank you for walking alongside us in this work and for helping make community wellness possible.

Sincerely,

A handwritten signature in black ink, appearing to be "Pat", with a stylized, circular flourish at the end.

Co-Founder



WELCOME CHRIS

The story of FII is, at its heart, a story of human connection. For years, our co-founders, dedicated trainers, volunteers, donors, and community members have carried forward a vision rooted in presence, deep listening, and relational change. The accomplishments reflected in this report; from the quiet resilience highlighted in our Pakistan program to the expanding reach of our courses worldwide, are made possible by a small but deeply engaged global network. We are profoundly grateful for the strong foundation built over the



years and for everyone who continues to sustain this work. As we look to the future, FII remains committed to expanding our capacity, honoring our legacy, and bringing the transformative power of community-based Focusing, psychological safety, and compassionate connection to individuals, organizations, and communities across the globe.

Sincerely,

Christopher L. Slaughter

Director

FAREWELL MELINDA



From the whole team here at Focusing Initiatives International, we say goodbye to Melinda and Mitch Darer with deep gratitude and a sense of bittersweet transition after twelve years of founding and guiding this work. Melinda's question, "What do you love to do?", came to embody the heart of FII—a way of listening that calls forth each person's own path and contribution.

Together, Melinda and Mitch brought vision, integrity, steadiness, and tireless commitment, helping to shape FII into what it is today. We carry forward what Melinda and Mitch helped build, with appreciation for all they have given and trust in the continued unfolding of this work.

KEY ACHIEVEMENTS & METRICS

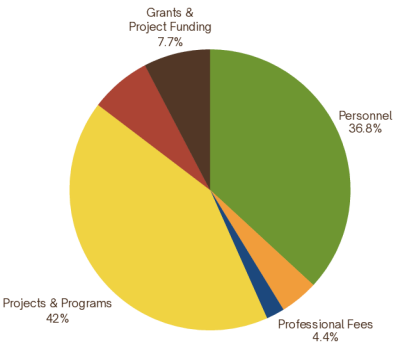
800+ PARTICIPANTS ACROSS OUR PROGRAMS

40 STUDENTS FROM

9 COUNTRIES
ACROSS 4 CONTINENTS

6 INTERNATIONAL CO-FACILITATORS
4 YEAR-ROUND WEBINARS

2025 FINANCIALS



Category	Amount
Unrestricted donations	\$199,008
Training & program income	\$29,056
Other income	\$452
Total income	\$228,516
Personnel	\$76,973
Professional fees	\$9,203
Office operations	\$4,381
Projects and programs	\$87,737
Websites, marketing, advertising	\$14,625
Grants and project funding	\$16,000
Total expenditures	\$195,930
Net increase in funds	\$32,586

BRIGHTER TOMORROW: *Pakistan Project*



In 2025, Brighter Tomorrow provided learning and psychosocial support to 160 vulnerable children through the work of four dedicated teachers, helping strengthen literacy, numeracy, and emotional well-being in a safe and supportive environment. The program was sustained through strong community partnerships that contributed learning space, utilities, school supplies, clothing, footwear, and enriching experiences such as zoo visits. Brighter Tomorrow also extended its impact beyond the classroom by training 16 educators from neighboring schools in listening skills, basic Focusing techniques, lesson planning, and classroom practices, helping strengthen inclusive and supportive education across the wider community.

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CAN YOU IMAGINE WHAT FII COULD DO WITH YOUR SUPPORT IN 2026 AND BEYOND?

Consider becoming a sustaining or monthly donor to FII to aid us in our work helping people problem solve worldwide.



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